

LONG ISLAND LADIES SOCCER LEAGUE GUIDELINES

This guideline is not a substitute for the rules which must be brought to every game. The rules can be downloaded from our website.

1. The home team must have field ready to play at game time. This means field lined, nets up, corner flags in position and two properly inflated game balls.
2. The home team representative must hear from the referee by 9:00 p.m. Thursday. If not they must call Jim Lackner at that time. Do not wait for the weekend.
3. You may dress 21 players for the game.
4. No one can play without a pass. The pass must be present at game time in order for a player to get there.
5. Go over the rules with all new players, especially the slide tackle rule.
6. If a player receives a red card she must leave the field, get her gear and leave the area. The player's team will play down the rest of the game.
7. A player receiving a yellow card must leave the field. She can be replaced by another player. The offending player can return on the next legal substitution.
8. All jewelry must be removed. All orthopedic devices (braces) must be covered. Shinguards must be worn by all players. Socks must cover the shinguards.
9. There is a new regulation regarding rainouts. All rainouts except official league rainouts must be made up by the last game. All other regulations regarding makeups remain in effect. Home team must provide two different dates and two different times (at least three hours difference).
10. All games are Sunday at 4:00 (except daylight savings time). No one can change day or time of game. We will consider requests due to field problems but only slight time changes and with consent of visiting team.
11. You are responsible for your coaches and spectators.
12. If you have any questions please call your division coordinator or the appropriate administrator.
13. Please do not run up scores; it only creates problems between teams.
14. Take preventative measures in regards to your players. If you need to, substitute a player who may be becoming agitated
15. Only the league president can declare a league rainout. Don't assume it is going to rain. Home teams check their fields for playing conditions 3 hours prior to game time and notify visiting team and referee if there is a problem.
16. Make every effort to play your game. It is difficult to re-schedule games, especially with limited field availability.
17. If a team in possession of a throw in calls for a substitution, the opposing team can also make a substitution.