

# Long Island Ladies Soccer League / 2010

## AMATEUR ADULT ATHLETIC WAIVER AND RELEASE OF LIABILITY

In consideration of being allowed to participate in any way in N.Y.A.S.A./I.ong Island Ladies Soccer League athletics/sports program, and related events and activities, the undersigned:

- 1) Agree that the **participant should inspect the facilities and equipment to be used**, and if the participant believes anything is unsafe, he or she should immediately advise his or her coach or supervisor of such condition(s) and refuse to participate.
  
- 2) **Acknowledge** and fully **understand** that each participant will be engaging in **activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inactions, or negligence but the action, inaction, and negligence of others, or the condition of the premises or of any equipment used.** Further, that there may be other risks not known to us or not reasonably foreseeable at this time.
  
- 3) **Assume all the foregoing risks and accept personal responsibility for the damages** following such injury, permanent disability or death.
  
- 4) Release, waive, discharge and covenant not to sue N.Y.A.S.A. / Long Island Ladies Soccer League, its affiliated clubs, their respective administrators, directors, referees, agents, and other employees of the organization, other members/participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors or premises used to conduct the event, all of which are hereinafter referred to as "releases," from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury, including death and damage to property, caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise.

**I HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND SIGN IT VOLUNTARILY.**

Name of Participant (print clearly) \_\_\_\_\_

Signature of Participant \_\_\_\_\_ (Date) \_\_\_\_\_

Address of Participant \_\_\_\_\_

Telephone Number of Participant \_\_\_\_\_

Date of Birth \_\_\_\_\_

Team \_\_\_\_\_

Email \_\_\_\_\_